



Gary Alan Murison

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Multi-Faceted: Consultancy, Training & Management

- Health and Safety (human movement) Consultant
- Training Manager
- SVQ Assessor
- Registered Mental Health Nurse

Qualified as a 1st Level Registered Mental Health Nurse in February 1992. Career developed within the health sector: Care Home Assistant Manager, Training Manager, and SVQ Assessor. Further developed career in Human Movement through University Accredited course – The Neuromuscular Approach to Human Movement®. Established business in 2006 – Highland Neuromuscular Movement Services (www.highland-nms.co.uk), promoting Health and Safety through training, consultancy and Health Promotion of musculo-skeletal injury – cause and effect.

Areas of Expertise

- Team working
- Team Development
- Interpersonal Skills
- Setting/Managing Budgets
- Confidentiality
- Identifying Client Needs
- Meeting Client Needs
- Effective Communication
- Risk Assessment
- Health & Safety Laws
- Facilitating Courses
- Standard Writing
- Auditing/Evaluating
- IT Competent
- Appraisals/Supervision
- Meeting Deadlines
- Developing needs-based Training

Professional Development

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| Level 3 Accreditation | MovES Ltd (Greenwich University) The Neuromuscular Approach to Human Movement® | Sept 2004 |
| D32/D33 Qualification | SQA Inverness College | Jun 2004 |
| Managing Violence and Aggression Trainer | Edge Services York | Feb 2004 |
| 1st Level Registered Mental Health Nurse | Nursing Midwifery Council NMC (formerly UKCC) | Feb 1992 |

Membership of Professional Bodies

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| MovES Academy of Neuromuscular Approach Studies (MANAS) | Mar 2010 |
| Nursing & Midwifery Council (NMC) | Feb 1992 |

Professional/Career Experience

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| Self Employed Highland Neuromuscular Movement Services | Providing training, consultancy and health promotion on musculo- skeletal injury and injury reduction. Key Tasks Overview: <ul style="list-style-type: none">• Developing training packages• Developing health promotion packages• Delivery of training• Evaluating services and training packages• Providing M&H Risk Assessments• Identifying & meeting client needs• Operational & Strategic Management• Understanding of Health & Safety Laws and Regulations• Offering M&H Consultancy services• Maintaining CPD requirements | 2006- present |
| Communications Officer Health & Happiness Inverness | Employed to translate Partnership in Practice document into accessible language Key Tasks Overview: <ul style="list-style-type: none">• Liaising with Highland Council• Liaising with experts with Learning Difficulties• Formulating document into accessible language | 2005—2005 |
| Training Manager Birchwood Highland Inverness | Key Tasks Overview: <ul style="list-style-type: none">• Developing Training Manager role• Setting up training and evaluation systems• Assessing employee training needs• Developing training packages• Delivering training packages• Liaising and purchasing external training• Evaluating training• Maintaining and evaluating budgets• Monitoring SVQ candidates• Operational & Strategic Management | 2003-2005 |
| Assistant Manager Birchwood House Inverness | Key Tasks Overview: <ul style="list-style-type: none">• Managing Care Home in absence of manager• Employee supervision, appraisal• Assessing SVQ candidates• Setting budgets• Working within budgets• Team development/building• Developing and evaluating packages of care• Writing, monitoring and evaluating Standards of Care/ Practice | 2001-2003 |
| Registered Mental Health Nurse Birchwood House Inverness | Key Tasks Overview: <ul style="list-style-type: none">• Providing mental health care to clients• Developing needs-based care packages• Supervising students and junior employees• Assessing SVQ candidates• Recognising areas for self development• Writing and evaluating Standards of Care/Practice | 1995-2001 |

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| Registered Mental Health Nurse Craig Dunain Hospital Inverness | Key Tasks Overview: <ul style="list-style-type: none"> • Providing mental health care to clients • Developing needs-based care packages • Supervising students and junior employees • Auditing Standards of Practice • Recognising areas for self development | 1992-1995 |
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Academic Qualifications

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| Maths, English, French, Arithmetic, Geography, Physics, Technical Drawing, Woodwork | O Grade | Millburn Academy Inverness | 1980/1981 |
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Achievements/Awards

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| Study Tour Grant National Board for Nursing & Midwifery (Scotland) | Grant Awarded to spend 8 weeks studying Brain Injury Rehabilitation at two Centres of Excellence in California, USA. | 2004 |
| Music Excellence Award Millburn Academy | Prize for outstanding achievement in music | 1979 |

Professional Interests

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| <ul style="list-style-type: none"> • Person Centred Planning • Behaviour Modification • Cognitive Therapy | <ul style="list-style-type: none"> • Standard Writing • Audit • Musculo-skeletal Injury | <ul style="list-style-type: none"> • Health & Safety • Self Development |
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Personal Interests/Hobbies

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| <ul style="list-style-type: none"> • Photography • Song Writing | <ul style="list-style-type: none"> • Travel (World) • Cycling | <ul style="list-style-type: none"> • DIY • Gardening |
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Personal Characteristics

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| <ul style="list-style-type: none"> • Reliable • Honest/Sincere • Friendly • Understanding | <ul style="list-style-type: none"> • Empathic • Active listener • Good problem solver • Quick learner | <ul style="list-style-type: none"> • Good time keeper • Analytical • Good sense of humour • Effective communicator |
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Additional Information

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| Place of Birth | Elgin, Scotland |
| National Insurance No. | NB 50 65 98 A |
| Business Website | www.highland-nms.co.uk |
| Photography Website | www.highland-nms.co.uk/photo/index.htm |